

GET MORE VALUE FOR YOUR DOLLARS

Enroll in a health savings account (HSA) and start saving today.



How does an HSA work?

An HSA is a personal savings account that allows you to set aside pretax dollars for current and future health care expenses for you and your dependents, even if they are not covered under your primary health plan. You are eligible to open an HSA if you meet the following requirements:

- You are enrolled in an HSA-eligible consumer-driven health plan.
- You are not enrolled in Medicare.
- You cannot be claimed as a dependent on someone else's tax return.
- You have no other health coverage except for permitted dental, vision, disability, accident and long-term care benefits, or coverage related to a specific disease or illness.

Please see IRS Publication 969 for more information regarding HSA eligibility.

You choose an annual election amount; in 2023, it can be up to \$3,850 for individuals and \$7,750 for families. For 2024, contribution limits will be \$4,150 for individuals and \$8,300 for families. The money is placed in your account via payroll deduction, online banking transfer or a direct contribution. Once your account is funded, you can choose to use the money to pay for current health care expenses or keep the funds in your account and watch your savings grow.

If you are 55 or older, you have the option to contribute an additional \$1,000 annually.

Why should I enroll in an HSA?

Consumer-driven health plans typically have lower monthly premiums and greater out-of-pocket costs. An HSA helps ensure you have money set aside to pay for out-of-pocket health care expenses.

An HSA is also a powerful investment vehicle and can be a smart addition to your retirement strategy. What makes an HSA such a great retirement investment tool? Simply put, money goes into an HSA tax free, grows tax free and comes out tax free. That means you will never be taxed when you use HSA dollars for qualified medical expenses. No other investment account offers this benefit.



How do I use my HSA to pay for health care expenses?

You can use your AccrueHealth debit card to pay your providers for eligible health care expenses.

If the debit card is not an option, pay out of pocket and request reimbursement online through the member portal or app, by mail or by fax.

HOW MUCH CAN YOU POTENTIALLY SAVE FOR RETIREMENT?

Annual Contribution Over 25 Years	Tax Savings*	Balance at Retirement
\$600	\$4,148	\$30,668
\$2,400	\$16,590	\$122,672
\$3,450	\$23,848	\$176,341
\$6,900	\$47,696	\$350,127

*For illustrative purposes. Savings calculations are based on a federal tax rate of 22 percent, a state tax rate of 5 percent and an average interest rate of 5 percent. Your tax situation may be different. Consult a tax adviser.

QUALIFYING EXPENSES

QUALIFIES

- Copays, deductible payments and coinsurance
- Doctors' office visits, exams, lab work and X-rays
- Hospital charges
- Prescription drugs
- Dental exams, X-rays, fillings, crowns and orthodontia
- Vision exams, frames, contact lenses, contact lens solution and laser vision correction
- Physical therapy

- Chiropractic care
- Medical supplies and first-aid kits
- Over-the-counter medications
- And much more!

For specific guidance on eligible expenses, please see IRS Publication 502.

DOESN'T QUALIFY

- Expenses incurred prior to opening your HSA
- Cosmetic procedures or surgery
- Dental products for general health

Online and mobile access

Link up with AccrueHealth through My Health Toolkit® (web or mobile) or through the AccrueHealth mobile app.

- View your account balance and transaction history.
- View claims.
- Upload and store receipts.
- Make contributions.
- Invest HSA funds.
- Manage alerts and communications.
- Sign up for direct deposit.
- Update beneficiary information.



Online/mobile access through My Health Toolkit®



Download the AccrueHealth app in the App Store or Google Play.

Helpful hints

- You must have funds in your HSA before you can spend them.
- You can change your election amount at any time during the plan year.
- You own the HSA, which means the money in the account is yours to keep and stays with you even if you change medical plans or leave your employer.
- Remember, withdrawals for qualified health care expenses are never taxable.
- Be a savvy HSA consumer and ask about the cost of procedures and provider visits to ensure you are getting the best care at the best price.
- Save your receipts because the IRS may audit your HSA transactions.
- Unused funds roll over year to year.
- While your HSA funds are intended for health care expenses, once you reach 65, you have the option to use your account for any purpose without penalty. You'll just owe income taxes on withdrawals for nonqualified expenses.

For more information about AccrueHealth, please visit Member.Accrue-Health.com.



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