



Transform your health. Schedule your screening today.



With a physician

If you can't go to an event or PSC, complete your screening with a physician.

Download a Physician Results Form at [My.QuestForHealth.com](https://www.MyQuestForHealth.com)

- Use **Registration Key: Bloominbrands2023**
- Ask your doctor to complete it using recent lab results (They may charge a fee for this)
- Include all required screening values and signatures
- Upload or fax the form to Quest Diagnostics by **11/30/23**



With self-collection

Complete your screening at your convenience with Quest Activate self-collection materials.

Request Quest Activate self-collection materials* at [My.QuestForHealth.com](https://www.MyQuestForHealth.com)

- Use **Registration Key: Bloominbrands2023**
- In the **Wellness Screening** section, under **Self-Collection**, select **Order Materials**
- Activate your materials at [QuestActivate.com](https://www.QuestActivate.com) and complete the self-collection
- Return your specimen to Quest the same day you complete it
- Return your materials by **11/30/23**
- You will receive an email when your results are ready to view online

***Note:** Self-collection materials cannot be shipped to the state of NY or military bases

Take charge of your health.

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